

Program for The 6th International Congress of Morita Therapy

Dates: August 23 (Pre-Congress) and August 24-25, 2007
Venue: University of British Columbia, Vancouver, Canada
http://ishiyama.ca/morita_congress/
(update: 2007-8-17)

Main Congress Venue

The main Congress venue will be the *Aquatic and Ecosystems Research Laboratory* (A.E.R.L.) Building at 2202 Main Mall, which is located on campus, diagonally behind the University Bookstore and across the street from the Faculty of Education's Scarfe Building on campus. Please note that all presentation sessions will take place in one of the two lecture halls (Room 120 and Room 107) in the A.E.R.L. Building. Presentation posters will be displayed in the main foyer of the same building for two days on August 24 and 25, 2007.

List of Congress Presentation Titles and Schedule (August 24-25, 2007)

- There are nine presentation categories as shown below. There will be simultaneous English-Japanese interpretation for most of the presentations taking place in Lecture Hall 120 during the Congress.*
 - Category A: Keynote Lectures [KN]
 - Category B: Guest Lectures [GL]
 - Category C: Dialogue Session [DS]
 - Category D: Evening Lectures [EL]
 - Category E: Special Reports [SR]
 - Category F: Workshops [WS]
 - Category G: Symposia [SYMP]
 - Category H: Multimodal Presentation Sessions [MP]
 - Category I: Pre-Congress Special Events [PreSE]
- Please note that each Multimodal Presentation (MP) session consists of: (a) poster display (max. size: 100cm width x 140cm length) in the foyer of the venue throughout the Congress, (b) 10-min. presentation in Lecture Hall #120 or #107, and (c) subsequent 25-min. interactive session in the designated area within the same lecture hall, immediately following short presentations (10-min. x 4 presenters in each session). The main language for presentations and interactive sessions will be English. However, there will be an English-Japanese interpreter assigned to each interactive session.*

Congress Program (Listed by Presentation Order)

Pre-Congress (August 23, 2007)

Special Afternoon Events (3.30pm – 6.10pm)

1. **Sociodrama** @3.30pm on August 23 in Lecture Hall #120 in the Aquatic and Ecosystems Research Laboratory (A.E.R.L.) at 2202 Main Mall (7-min. walk from Gage Towers and West Coast Suites) → [PreSE— Pre-Congress Special Event 1] *Sociodrama: Birth of Morita therapy*, by Hajime Mashino, M.D. (Japan Lutheran College, Japan) and his sociodrama performance team
2. **Cultural Ceremonies** @5.00pm on August 23 (venue: First Nations Longhouse, venue address: 1985 West Mall, 5-min. walk from the Congress venue) → [PreSE— Pre-Congress Special Event 2] Cultural ceremonies: (a) *Shinto purification performance* by Priest Wataru Kaya, M.D., Ph.D. (Tanashi Shrine and Kaya Clinic, Japan), Priestess Ann Evans (Kinomori Jinja, Canada), Priest Shin Yamamoto (Tanashi Shrine, Japan), and Priestess Sachiko Ueno (Tanashi Shrine, Japan), and (b) *First Nations native spiritual ceremony* by Elder Gerry Oleman (Musqueam spiritual dancer), Alannah Young, M.A. (counsellor), and other staff members at the Longhouse, University of British Columbia, Canada

Welcoming Reception (6.20pm – 8.30pm)

Venue (same as the Congress site): Aquatic and Ecosystems Research Laboratory (A.E.R.L.) at 2202 Main Mall. A light meal and beverages will be served. Live music entertainment and an evening lecture (see below) will also take place here.

Pre-Congress Evening Lecture (7.00pm – 7.20pm)

@7.00pm on August 23 during the Welcoming Reception (Chair: Paul McCarthy) → [PreEL— Pre-Congress Evening Lecture] *On the relationship between Arugamama and Kannagara: Considerations on Morita therapy from a Shinto point of view*, by Wataru Kaya, M.D., Ph.D. (Tanashi Shrine and Kaya Clinic, Japan) and Shin Yamamoto (Tanashi Shrine, Japan)

Congress Day 1 (August 24, 2007)

Start of Day 1 @8.30am

Opening Remarks @8.30am, and Greetings by Guests and Organizers (8.30am – 8.50pm)

- Dr. Ishu Ishiyama (Congress Chair)
- Dr. Kenji Kitanishi (Executive Director, Japanese Society for Morita Therapy)
- Dr. Rob Tierney (Dean of Education, UBC)
- Mr. Seiichi Otsuka (Consul General, Consulate General of Japan in Vancouver)
- Mr. Tsuneo Okamoto (Chair, Mental Health Okamoto Memorial Foundation, Japan)

Special Report 1 (8.50am – 9.10am)

@8.50am in Lecture Hall #120 (Chair: Natalia Semenova) → [SR1] *Globalization and Morita therapy*, by Suk C. Chang, M.D. (World Association of Cultural Psychiatry, U.S.A.)

Keynote Lecture 1 (9.15am – 10.05am)

@9.15am in Lecture Hall #120 (Chair: Norio Mori) → [KN1] *Philosophical and religious background of Japanese psychotherapies*, by Kenji Kitanishi, M.D. (Japan Women's University, Japan)

15-min. Break (10.05am – 10.20am)

Guest Lecture 1 (10.20am – 11am)

@10.20am in Lecture Hall #120 (Chair: C. Richard Spates; Designated Commentator: Wataru Kaya) → [GL1] *Pre-modern self, modern self, non-self: The Japanese psyche as reflected in traditional and modern literature*, by Paul McCarthy, Ph.D. (Surugadai University, Japan)

Symposium 1: International Perspectives on Morita Therapy (11am – 12 noon)

@11.00am (Co-chairs: Kenji Kitanishi & Suk C. Chang) →

1. [S1-1] *Morita therapy in higher education: A human services model*, by Brian Ogawa, D.Min. (Washburn University, USA) in Lecture Hall #120
2. [S1-2] *Morita therapy in Russia*, by Natalia Semenova, Ph.D. (Moscow Research Institute of Psychiatry of the Russian Federation, Ministry of Health) in Lecture Hall #120

3. [S1-3] *Opportunities for Morita therapy in the United Kingdom: Culture, research and practice*, by David Richards, Ph.D. (University of York, UK) in Lecture Hall #120

1-hour Lunch Break (12 noon – 1pm)

Special Report 2 (1pm – 1.20pm)

@1.00pm in Lecture Hall #120 [SR2] (Chair: Mari Kikuchi-Iwata) → *A report on effects of workshops for the self-help group association “Seikatsu-no-Hakkenkai” for overcoming neurosis: An example of the application of Morita therapeutic counseling*, by Noriaki Azuma, Ph.D. (Iwate University, Japan) and Hiroshi Yokoyama (Seikatsu-no-Hakkenkai, Japan)

Symposium 2: The Present and Future of Morita Therapy in China (1.20pm – 2.35pm)

@1.20pm in Lecture Hall #120 (Co-chairs: Sadanobu Ushijima & Wanghong Shi) →

1. [S2-1] *Application of Morita therapy*, by Jiancheng Liu, M.D. (Beijing University Institute of Mental Health, China)
2. [S2-2] *Controlled research on social anxiety disorder by Morita therapy*, by Yingzhi Lu, M.D., Qinfeng Zhang, M.D., and Jinmei Zhang (Zubo City 5th Psychiatric Hospital, China)
3. [S2-3] (Title: **T.B.A.** not available at the time of printing this Program booklet) by Haiyin Zhang, M.D. (Shanghai Mental Health Centre, China)
4. [S2-4] *Key points regarding the development of Morita therapy in China*, by Wanghong Shi, M.D. and Xingjie Yang, M.D. (The 4th Military Medical University, China)

15-min. Break (2.35pm – 2.50pm)

Multimodal Presentation Sessions [Concurrent] (2.50pm – 4pm)

Multimodal Presentation Session 1 (Theme: Morita Therapy Research)

@2.50pm in Lecture Hall #120 (Co-chairs: Mikiko Kubota & Brian Ogawa) →

1. [MP1-1] *The statistical analysis of inpatients admitted to the Morita therapy ward at the Jikei Daisan Hospital from 1972 to 2006*, by Ayumu Tateno, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Yuko Imamura, M.A. (Jikei university & Jikei University Center for Morita Therapy, Japan), Nanako Tairaku, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan),

Masanori Kawakami, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Katsuharu Yano, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Jyunichiro Hinoguchi, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Rieko Shioji, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Hideo Fujimoto, M.D., (Aoba Clinic), Mikiko Kubora, M.A., (Jikei university, Jikei University Center for Morita Therapy, and Housei University, Japan), Kei Nakamura, M.D., (Jikei university & Jikei University Center for Morita Therapy, Japan), Kazuhiko Nakayama, M.D. (Jikei university, Japan)

2. [MP1-2] *The changes of evoked potentials before and after the bed-rest phase of anxiety disorder treatment*, by Xinkai Zhang, M.D., Ph.D., Dayuan Nan, M.D., and Zucheng Wang, M.D. (Shanghai Jiaotong University Medical School, China)
3. [MP1-3] *A comparative study of panic disorder and generalized anxiety disorder on personality traits and comorbidities*, by Katsuharu Yano, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Junichiro Hinoguchi, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Yuko Imamura, M.A. (Jikei university and Jikei University Center for Morita Therapy, Japan), Mikiko Kubota, M.A. (Jikei university, Jikei University Center for Morita Therapy, and Housei University, Japan), Kei Nakamura, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Kazuhiko Nakayama, M.D. (Jikei university, Japan).
4. [MP1-4] *A study of premorbid personality for outpatients with chronic depression (3rd report)*, by Junichiro Hinoguchi, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Mikiko Kubota, M.A. (Jikei university, Jikei University Center for Morita Therapy, and Hosei University, Japan), Kei Nakamura, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan) and Kazuhiko Nakayama, M.D. (Jikei university, Japan)

Multimodal Presentation Session 2 (Theme: Application of Morita Therapy)

@2.50pm in Lecture Hall #107 (Co-chairs: Peg LeVine & Naoki Watanabe) →

1. [MP2-1] *Earthquake trauma and Morita therapy*, by Naoki Watanabe, M.D. (Aomori Prefectural Mental Health Welfare Center, Japan)
2. [MP2-2] *How to keep neurosis (paradoxically written Zen-Morita therapy)*, by Hideyuki Michiki (Sanseikai, Japan)
3. [MP2-3] *My new perspective on Morita therapy after a shift of occupational standpoints: The metamorphosis from a self-help group member to a psychiatric expert*, by Wataru Iseki, M.D. (Psychiatric Daycare and Clinic “Hotto Station”)
4. [MP2-4] *Reconstituted Morita therapy at Hamamatsu University School of Medicine: A modified treatment program and treatment outcome*, by Ryoichi Hoshino, Ph.D., Tomoko Watanabe, Ph.D., Masayoshi Kawai, M.D., and Norio Mori, M.D. (Hamamatsu University School of Medicine, Japan)

15-min. Break (4pm – 4.15pm)

Concurrent Workshops

Workshop 1: Morita therapy case supervision (4.15pm – 5.40pm)

@4.15pm in Lecture Hall #120 (Co-chairs: Soma Ganesan & Kazunori Tatematsu) → [WS1] *Morita therapy case supervision*; Case supervisor: Prof. Mikiko Kubota (Housei University, Japan); Case presenter: Masahiro Minami (University of British Columbia, Canada); with an introductory comment on *the Morita therapist training program* by Kazunori Tatematsu, M.D. (Tatematsu Clinic, Japan)

Workshop 2: Use of Morita therapy in the treatment of trauma: The meaning of silence (4.15pm – 5.30pm)

@4.15pm in Lecture Hall #107 (Chair: Brian Ogawa) → [WS2] *Use of Morita therapy in the treatment of trauma: The meaning of silence*, by Peg LeVine, Ed.D., Ph.D. (Monash University, Australia)

Congress Day 1 Evening Events (6pm – 8.45pm, August 24, 2007)
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Evening Lectures and Dinner Reception at Sage Bistro Restaurant

- **Location: Sage Bistro Restaurant at University Centre, 6331 Crescent Road (situated on the north-end of campus near the Flag Pole and the Chan Centre for Performing Arts, overlooking the Rose Garden; TEL: 604-822-0968/1500; Restaurant website: <http://www.sage.ubc.ca/>)**
- **“Cash bar” opens @5.30pm at Sage Bistro Restaurant**

Evening Lectures (6pm-6.40pm)

1. @6pm (Chair: Noriaki Azuma) → [EL1] *Flux and harmony in Morita psychotherapy*, by Mari Kikuchi-Iwata (Higa Mental Clinic, Japan)
2. @6.20pm (Chair: Natalia Semenova) → [EL2] *An application of Morita therapy in psycho-oncology: Meaningful Life Therapy*, by Jinroh Itami, M.D. (Subaru Clinic, Japan)

Dinner Reception with Music Entertainment (6.50pm-8.45pm)

- Buffet-style dinner and beverage service will start @6.50pm.
- There will be a series of short speeches by guests and participants of the Congress.

End of Day 1 @8.45pm

Congress Day 2 (August 25, 2007)

Start of Day 2 @8.40am

Symposium 3: Cultural Perspectives on Social Phobia and Social Anxiety (8.50am – 10.30am)

@8.50am in Lecture Hall #120 (Co-chairs: Toshihide Kuroki & Soma Ganesan) →

1. [GL2/S3-1] (as Guest Lecture) *East Asian and Western social phobia*, by Wolfgang Jilek, M.D. (University of British Columbia, Canada) and Louise Jilek-Aall, M.D. (University of British Columbia, Canada)
2. [S3-2] *Blends of two contexts of treatment for anthropophobia in Japan: Morita-like acceptance of Taijin-kyoufu-sho (T.K.S.) as a temperament and the use of medication in treating social anxiety disorder as a disease*, by Toshihide Kuroki, Ph.D., M.D. (Kyushu University, Japan)
3. [S3-4] *Moritian and cognitive-behavioural views of self-protection and social connection: Moving beyond safety behaviours*, by Lynn E. Alden, Ph.D. and Charles T. Taylor, M.A. (University of British Columbia, Canada)

15-min. Break (10.30am – 10.45am)

Multimodal Presentation Sessions [Concurrent] (10.45am – 11.55am)

Multimodal Presentation Session 3 (Theme: Morita Therapy and Psychosomatic Medicine)

@10.45am in Lecture Hall #120 (Co-chairs: Jinroh Itami & Natalia Semenova) →

1. [MP3-1] *Group-Morita-therapy-type work for treating atopic dermatitis*, by Ronko Itamura, M.D., Ph.D. (Obitsu Sankei Seminary Clinic, Japan)
2. [MP3-2] *Morita therapeutic approach to chronic pain in combination with group psychotherapy*, by Takeshi Ashizawa, M.D., Ph.D. (Asahiya Hospital, Japan)
3. [MP3-3] *Application of Morita therapy to atopic dermatitis*, by Ritsuko Hosoya, M.D., Ph.D. (Hosoya Dermatological Clinic, Japan)
4. [MP3-4] *Application of Morita therapy approach to temporomandibular arthrosis (psychosomatic disease)*, by Satoshi Ishida, M.D. (Tokyo Medical and Dental University, Japan)

Multimodal Presentation Session 4 (Theme: Morita Therapy and Counselling)

@10.45am in Lecture Hall #107 (Co-chairs: Noriaki Azuma & Marvin Westwood) →

1. [MP4-1] *A new style of outpatient Morita therapy based on brief therapy and psycho-education*, by Hideyo Yamada, M.D. (Odori Koen Mental Clinic), Wataru Iseki, M.D., Shinichi Nakamura, M.A., Sayuri Abe, M.A., Wataru Sasaki, M.A., and Naomi Hasegawa, M.D., (Psychiatric Daycare and Clinic “Hotto Station”)
2. [MP4-2] *Verbatim of change: Analysis of Morita-based “Active Counselling” sessions and implications to transcultural applications of Morita therapy*, by Masahiro Minami (University of British Columbia, Canada)
3. [MP4-4] *Morita as life way: Perspectives of a counselling psychology student*, by Theresa Benson, M.A. (doctoral intern, University of Akron and Washburn University, USA)

1-hour Lunch Break (12 noon – 1pm)

Special Reports (1pm – 1.40pm)

1. @1.00pm in Lecture Hall #120 [SR3] (Chair: Wataru Kaya) → *Initial trends in depression scores predict differential treatment outcomes: Empirical support for a Moritist conceptualization of major depression and its treatment*, by C. Richard Spates, Ph.D. (Western Michigan University, USA), Sherry Pagoto, Ph.D. (Western Michigan University, USA), and Kei Nakamura, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan)
2. @1.20pm in Lecture Hall #120 (Chair: Wataru Kaya) → [SR4] *Basic therapeutic requirements for practising outpatient Morita therapy—Through a comparison between Morita therapy and psychoanalytic psychotherapy*, by Kazuyuki Hashimoto, M.D.(Chofu Hashimoto Clinic, Japan)

Keynote Lecture (1.40pm – 2.30pm)

@1.40pm in Lecture Hall #120 (Chair: Kei Nakamura) → [KN2] *Multidimensionality of Morita therapy and its counselling application*, by Ishu Ishiyama, Ph.D. (University of British Columbia, Canada)

15-min. Break (2.30pm – 2.45pm)

Special Report (2.45pm – 3.05pm)

@2.45pm in Lecture Hall #120 (Chair: Marvin Westwood) → [SR5] *Gestalt and Morita therapies: Convergence and divergence*, by Jon Frew, Ph.D. (Pacific University, USA) and Peg LeVine, Ed.D., Ph.D. (Monash University, Australia)

Dialogue Session (3.10pm – 4.10pm)

@3.05pm in Lecture Hall #120 (Chair: Lynn Alden & Susan James) →

1. [DS1] *Cognitive behaviour therapy (CBT), mindfulness, and Morita therapy*, by Kei Nakamura, M.D. (Jikei university, Japan)
2. [DS2] *Mindfulness in dialectical behaviour therapy: A comparison with Morita therapy*, by John Wagner, Ph.D. (University of British Columbia, Canada)

Symposium 4: Future of Morita therapy (4.15pm – 5pm)

@4.15pm in Lecture Hall #120 (Co-chairs: Kenji Kitanishi & Ishu Ishiyama), free discussion by designated discussants:

- Japan: Kei Nakamura, M.D. (Jikei university), Hajime Mashino, M.D. (Japan Lutheran College), and Toshihide Kuroki, M.D., Ph.D. (Kyushu University)
- International: Invited discussants: Natalia Semenova, Ph.D. (Moscow Research Institute of Psychiatry of the Russian Federation, Ministry of Health, Russia), Brian Ogawa, D.Min. (Washburn University, USA), Peg LeVine, Ed.D., Ph.D. (Monash University, Australia), C. Richard Spates, Ph.D. (Western Michigan University, USA), Lynn E. Alden, Ph.D. (University of British Columbia, Canada), Haiyin Zhang, M.D. (Shanghai Mental Health Centre, China)

Closing Remarks (5pm – 5.10pm)

- Kenji Kitanishi, M.D. (President of Japanese Society for Morita Therapy)
- Ishu Ishiyama, Ph.D. (Chair of the 6th International Congress of Morita Therapy)

Conclusion of Congress @5.10pm

Congress Program (Listed by Categorical Order)

Category A: Keynote Lectures [KN]

1. [KN1] Philosophical and religious background of Japanese Psychotherapies, by Kenji Kitanishi, M.D. (Japan Women's University, Japan) → Day 1 @9.15am in Lecture Hall #120 (Chair: Norio Mori)
2. [KN2] Multidimensionality of Morita therapy and its counselling application, by Ishu Ishiyama, Ph.D. (University of British Columbia, Canada) → Day 2 @1.40pm in Lecture Hall #120 (Chair: Kei Nakamura)

Category B: Guest Lectures [GL]

1. [GL1] Pre-modern self, modern self, non-self: The Japanese psyche as reflected in traditional and modern literature, by Paul McCarthy, Ph.D. (Surugadai University, Japan) → Day 1 @10.20am in Lecture Hall #120 (Chair: C. Richard Spates; Designated Commentator: Wataru Kaya)
2. [GL2/S3] East Asian and Western social phobia, by Wolfgang Jilek, M.D. (University of British Columbia, Canada) and Louise Jilek-Aall, M.D. (University of British Columbia, Canada) → Day 2 @8.50am in Lecture Hall #120

Category C: Dialogue Session [DS]

Day 2 @3.10pm in Lecture Hall #120 (Chair: Lynn Alden & Susan James)

1. [DS1] Cognitive behaviour therapy (CBT), mindfulness, and Morita therapy, by Kei Nakamura, M.D. (Jikei university, Japan)
2. [DS1] Mindfulness in dialectical behaviour therapy: A comparison with Morita therapy, by John Wagner, Ph.D. (University of British Columbia, Canada)

Category D: Evening Lectures [EL]

1. [PreEL— Pre-Congress Evening Lecture] *On the relationship between Arugamama and Kannagara: Considerations on Morita therapy from a Shinto point of view*, by Wataru Kaya, M.D., Ph.D. (Tanashi Shrine and Kaya Clinic, Japan) and Shin Yamamoto (Tanashi Shrine, Japan) → August 23 during Welcoming Reception at the Congress venue (A.E.R.L. building) (Chair: Paul McCarthy)
2. [EL1] Flux and harmony in Morita psychotherapy, by Mari Kikuchi-Iwata (Higa Mental Clinic, Japan) → August 24 at Sage Bistro Restaurant (Chair: Noriaki Azuma)
3. [EL2] An application of Morita therapy in psycho-oncology: Meaningful Life Therapy, by Jinroh Itami, M.D. (Subaru Clinic, Japan) → August 24 at Sage Bistro Restaurant (Chair: Natalia Semenova)

Category E: Special Reports [SR]

1. [SR1] Globalization and Morita therapy, by Suk C. Chang, M.D. (World Association of Cultural Psychiatry, U.S.A.) → Day 1 @8.50am in Lecture Hall #120 (Chair: Kazuhiko Yamanaka)
2. [SR2] A report on effects of workshops for the self-help group association “Seikatsu-no-Hakkenkai” for overcoming neurosis: An example of the application of Morita therapeutic counseling, by Noriaki Azuma, Ph.D. (Iwate University, Japan) and Hiroshi Yokoyama (Seikatsu-no-Hakkenkai, Japan) → Day 1 @1.00pm in Lecture Hall #120 (Chair: Mari Kikuchi-Iwata)
3. [SR3] Initial trends in depression scores predict differential treatment outcomes: Empirical support for a Moritist conceptualization of major depression and its treatment, by C. Richard Spates, Ph.D. (Western Michigan University, USA), Sherry Pagoto, Ph.D. (Western Michigan University, USA), and Kei Nakamura, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan) → Day 2 @1.00pm in Lecture Hall #120 (Chair: Wataru Kaya)
4. [SR4] Basic therapeutic requirements for practising outpatient Morita therapy—Through a comparison between Morita therapy and psychoanalytic psychotherapy, by Kazuyuki Hashimoto, M.D.(Chofu Hashimoto Clinic, Japan) → Day 2 @1.20pm in Lecture Hall #120 (Chair: Wataru Kaya)
5. [SR5] Gestalt and Morita therapies: Convergence and divergence, by Jon Frew, Ph.D. (Pacific University, USA) and Peg LeVine, Ed.D., Ph.D. (Monash University, Australia) → Day 2 @2.45pm in Lecture Hall #120 (Chair: Marvin Westwood)

Category F: Workshops [WS]

1. [WS1] Morita therapy case supervision; Case supervisor: Prof. Mikiko Kubota (Housei University, Japan); Case presenter: Masahiro Minami (University of British Columbia, Canada)); with an introductory comment on *the Morita therapist training program* by Kazunori Tatematsu, M.D. (Tatematsu Clinic, Japan) → Day 1 @4.15pm in Lecture Hall #120 (Chair: Soma Ganesan)
2. [WS2] Use of Morita therapy in the treatment of trauma: The meaning of silence, by Peg LeVine, Ed.D., Ph.D. (Monash University, Australia) → Day 1 @4.15pm in Lecture Hall #107 (Chair: Brian Ogawa)

Category G: Symposia [SYMP]

G-1: Symposium 1: International Perspectives on Morita Therapy → Day 1 @11.00am (Co-chairs: Kenji Kitanishi & Suk C. Chang)

1. [S1-1] Morita therapy in higher education: A human services model, by Brian Ogawa, D.Min. (Washburn University, USA) in Lecture Hall #120

2. [S1-2] Morita therapy in Russia, by Natalia D. Semenova, Ph.D. (Moscow Research Institute of Psychiatry of the Russian Federation, Ministry of Health) in Lecture Hall #120
3. [S1-3] Opportunities for Morita therapy in the United Kingdom: Culture, research and practice, by David Richards, Ph.D. (University of York, UK) in Lecture Hall #120

G-2: Symposium 2: The Present and Future of Morita Therapy in China → Day 1 @1.20pm in Lecture Hall #120 (Co-chairs: Sadanobu Ushijima & Wanghong Shi)

1. [S2-1] *Application of Morita therapy*, by Jiancheng Liu, M.D. (Beijing University Institute of Mental Health, China)
2. [S2-2] *Controlled research on social anxiety disorder by Morita therapy*, by Yingzhi Lu, M.D., Qinfeng Zhang, M.D., Jinmei Zhang (Zubo City 5th Psychiatric Hospital, China)
3. [S2-3] (Title: **T.B.A.**) by Haiyin Zhang, M.D. (Shanghai Mental Health Centre, China)
4. [S2-4] *Key points regarding the development of Morita therapy in China*, by Wanghong Shi, M.D. and Xingjie Yang, M.D. (The 4th Military Medical University, China)

G-3: Symposium 3: Cultural Perspectives on Social Phobia and Social Anxiety → Day 2 @8.50am in Lecture Hall #120 (Co-chairs: Toshihide Kuroki & Soma Ganesan)

1. [GL2/S3-1] East Asian and Western social phobia, by Wolfgang Jilek, M.D. (University of British Columbia, Canada) and Louise Jilek-Aall, M.D. (University of British Columbia, Canada)
2. [S3-2] Blends of two contexts of treatment for anthropophobia in Japan: Morita-like acceptance of Taijin-kyoufu-sho (T.K.S.) as a temperament and the use of medication in treating social anxiety disorder as a disease, by Toshihide Kuroki, Ph.D., M.D. (Kyushu University, Japan)
3. [S3-4] Moritian and cognitive-behavioural views of self-protection and social connection: Moving beyond safety behaviours, by Lynn E. Alden, Ph.D. and Charles T. Taylor, M.A. (University of British Columbia, Canada)

G-4: Symposium 4: Future of Morita therapy → Day 2 @4.15pm in Lecture Hall #120 (Co-chairs: Kenji Kitanishi & Ishu Ishiyama), free discussion by designated discussants:

- Japan: Kei Nakamura, M.D. (Jikei university), Hajime Mashino, M.D. (Japan Lutheran College), and Toshihide Kuroki, M.D., Ph.D. (Kyushu University)
- International: Invited discussants: Natalia Semenova, Ph.D. (Moscow Research Institute of Psychiatry of the Russian Federation, Ministry of Health, Russia), Brian

Ogawa, D.Min. (Washburn University, USA), Peg LeVine, Ed.D., Ph.D. (Monash University, Australia), C. Richard Spates, Ph.D. (Western Michigan University, USA), Lynn E. Alden, Ph.D. (University of British Columbia, Canada), Haiyin Zhang, M.D. (Shanghai Mental Health Centre, China)

Category H: Multimodal Presentation [MP] Sessions

Each *Multimodal Presentation* (MP) session will consist of: (a) poster display (max. size: 100cm width x 130cm length) in the foyer of the venue throughout the Congress, (b) 10-min. presentation in Lecture Hall 120 or 107, and (c) subsequent 25-min. interactive session in the designated area within the same lecture hall, immediately following short presentations (10-min. x 4 presenters in each session).

H-1: Multimodal Presentation Session 1 (Theme: Morita Therapy Research) → Day 1 @2.50pm in Lecture Hall #120 (Co-chairs: Mikiko Kubota & Brian Ogawa)

1. [MP1-1] The statistical analysis of inpatients admitted to the Morita therapy ward at the Jikei Daisan Hospital from 1972 to 2006, by Ayumu Tateno, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Yuko Imamura, M.A. (Jikei university & Jikei University Center for Morita Therapy, Japan), Nanako Tairaku, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Masanori Kawakami, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Katsuharu Yano, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Jyunichiro Hinoguchi, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Rieko Shioji, M.D. (Jikei university & Jikei University Center for Morita Therapy, Japan), Hideo Fujimoto, M.D., (Aoba Clinic), Mikiko Kubota, M.A., (Jikei university, Jikei University Center for Morita Therapy, and Housei University, Japan), Kei Nakamura, M.D., (Jikei university & Jikei University Center for Morita Therapy, Japan), Kazuhiko Nakayama, M.D. (Jikei university, Japan)
2. [MP1-2] The changes of evoked potentials before and after the bed-rest phase of anxiety disorder treatment, by Xinkai Zhang, M.D., Ph.D., Dayuan Nan, M.D., and Zucheng Wang, M.D. (Shanghai Jiaotong University Medical School, China)
3. [MP1-3] A comparative study of panic disorder and generalized anxiety disorder on personality traits and comorbidities, by Katsuharu Yano, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Junichiro Hinoguchi, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Yuko Imamura, M.A. (Jikei university and Jikei University Center for Morita Therapy, Japan), Mikiko Kubota, M.A. (Jikei university, Jikei University Center for Morita Therapy, and Housei University, Japan), Kei Nakamura, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Kazuhiko Nakayama, M.D. (Jikei university, Japan).
4. [MP1-4] A study of premorbid personality for outpatients with chronic depression (3rd report), by Junichiro Hinoguchi, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan), Mikiko Kubota, M.A. (Jikei university, Jikei

University Center for Morita Therapy, and Hosei University, Japan), Kei Nakamura, M.D. (Jikei university and Jikei University Center for Morita Therapy, Japan) and Kazuhiko Nakayama, M.D. (Jikei university, Japan)

H-2: Multimodal Presentation Session 2 (Theme: Application of Morita Therapy) → Day 1 @2.50pm in Lecture Hall #107 (Co-chairs: Peg LeVine & Naoki Watanabe)

1. [MP2-1] Earthquake trauma and Morita therapy, by Naoki Watanabe, M.D. (Aomori Prefectural Mental Health Welfare Center, Japan)
2. [MP2-2] How to keep neurosis (paradoxically written Zen-Morita therapy), by Hideyuki Michiki (Sanseikai, Japan)
3. [MP2-3] My new perspective on Morita therapy after a shift of occupational standpoints: The metamorphosis from a self-help group member to a psychiatric expert, by Wataru Iseki, M.D. (Psychiatric Daycare and Clinic “Hotto Station”)
4. [MP2-4] Reconstituted Morita therapy at Hamamatsu University School of Medicine: A modified treatment program and treatment outcome, by Ryoichi Hoshino, Ph.D., Tomoko Watanabe, Ph.D., Masayoshi Kawai, M.D., and Norio Mori, M.D. (Hamamatsu University School of Medicine, Japan)

H-3: Multimodal Presentation Session 3 (Theme: Morita Therapy and Psychosomatic Medicine) → Day 2 @10.45am in Lecture Hall #120 (Co-chairs: Jinroh Itami & Natalia Semenova)

1. [MP3-1] Group-Morita-therapy-type work for treating atopic dermatitis, by Ronko Itamura, M.D., Ph.D. (Obitsu Sankei Seminary Clinic, Japan)
2. [MP3-2] Morita therapeutic approach to chronic pain in combination with group psychotherapy, by Takeshi Ashizawa, M.D., Ph.D. (Asahi-yama Hospital, Japan)
3. [MP3-3] Application of Morita therapy to atopic dermatitis, by Ritsuko Hosoya, M.D., Ph.D. (Hosoya Dermatological Clinic, Japan)
4. [MP3-4] Application of Morita therapy approach to temporomandibular arthrosis (psychosomatic disease), by Satoshi Ishida, M.D. (Tokyo Medical and Dental University, Japan)

H-4: Multimodal Presentation Session 4 (Theme: Morita Therapy and Counselling) → Day 2 @10.45am in Lecture Hall #107 (Co-chairs: Noriaki Azuma & Marvin Westwood)

1. [MP4-1] A new style of outpatient Morita therapy based on brief therapy and psycho-education, by Hideyo Yamada, M.D. (Odori Koen Mental Clinic), Wataru Iseki, M.D., Shinichi Nakamura, M.A., Sayuri Abe, M.A., Wataru Sasaki, M.A., and Naomi Hasegawa, M.D., (Psychiatric Daycare and Clinic “Hotto Station”)

2. [MP4-2] Verbatim of change: Analysis of Morita-based “Active Counselling” sessions and implications to transcultural applications of Morita therapy, by Masahiro Minami (University of British Columbia, Canada)
3. [MP4-4] *Morita as life way: Perspectives of a counselling psychology student*, by Theresa Benson, M.A. (doctoral intern, University of Akron and Washburn University, USA)

Category I: Pre-Congress Special Events [PreSE]

1. **Sociodrama**: Pre-Congress @3.30pm on August 23 in Lecture Hall 120 in the Aquatic and Ecosystems Research Laboratory (A.E.R.L.) at 2202 Main Mall → [PreSE— Pre-Congress Special Event 1] Sociodrama: Birth of Morita therapy, by Hajime Mashino, M.D. (Japan Lutheran College) and his sociodrama team
2. **Cultural Ceremonies** @5.00pm on August 23 (venue: First Nations Longhouse, venue address: 1985 West Mall, 5-min. walk from the Congress venue) → [PreSE— Pre-Congress Special Event 2] Cultural ceremonies: (a) *Shinto purification performance* by Priest Wataru Kaya, M.D., Ph.D. (Tanashi Shrine and Kaya Clinic, Japan), Priestess Ann Evans (Kinomori Jinja, Canada), Priest Shin Yamamoto (Tanashi Shrine, Japan), and Priestess Sachiko Ueno (Tanashi Shrine, Japan), and (b) *First Nations native spiritual ceremony* by Elder Gerry Oleman (Musqueam spiritual dancer), Alannah Young, M.A. (counsellor), and other staff members at the Longhouse, University of British Columbia, Canada